

WELLSPRING CHURCH RESOURCE GUIDE

CARE IN COUNSELING

We recognize the need and benefit of having one on one conversation in our pursuit towards endless growth. Sometimes an individual will need a discussion diving deeper into who Jesus is, a discussion to deal with past or current conflict and hurt, and there are times when a person may need to have conversation about a severe area of their life that is in turmoil or danger.

To best care for the individuals of Wellspring Church we acknowledge that the pastoral staff cannot always be the one to meet with said individuals. Conversation is best held where there is a relationship and sometimes conversation needs to happen with someone who is trained in a specific area of treatment. The staff and leadership understand that in some cases it is best to recommend an outside Counselor or Doctor to an individual.

When someone requests a conversation the first person they should meet with is their Life Group Leader, Team Leader, or Mentor. If a person is not connected to one of these communities, you as a leader may be reached out to if we believe you would be a good fit for an initial conversation.

If the Leader/Mentor believes that the situation is beyond what they can wisely handle we ask that they give the following information to the counselee and encourage them to take a step further by contacting someone from this list who is trained to specifically help them or by attending a support group that is specific to their need.

RESOURCES

Christian Counseling

Ron Fraser

Biblical Counseling

<http://biblicalcounselingcenter.com>

Dina Arce

Restoration Biblical Counseling

Ph: 720-841-2235

Email: darce@restorationbiblicalcounseling.com

<https://www.restorationbiblicalcounseling.com/>

Dr. Jeffrey Newenhouse

Please call Newenhouse Jeffrey PSY D at (732) 341-1553 to schedule an appointment in Toms River, NJ or to get more information. Alternative number: (732) 542-8043

Timothy Leeds

<http://www.myjourneycounselor.org>

Support Groups

America's Keswick, Whiting

<https://addictionrecovery.org/enrich/support-groups/>

Mens, Womens, Mothers of those with addiction, Fathers of those with addiction, Grief Share.

Addiction Recovery

America's Keswick, Whiting

<https://addictionrecovery.org>

Trauma Recovery

America's Keswick, Whiting

<https://addictionrecovery.org/enrich/trauma/>

Financial Recovery

Financial Peace University

<https://www.daveramsey.com>

*search bar at bottom to find next course near you

FAMILY CARE CONTACT INFO

The Children's Home Society of NJ offer help with child protective services, welfare, post adoption child care and NJ care subsidies.

Anchor Family Success Center (see attached flier)

101 Prosper Way, Unit 10

Brick, NJ 08723

Main Ph: 848-241-9346

<https://www.chsofnj.org/family-success-centers/anchor-family-success-center-ocean-county/>

Contact: Ann Massa, 2nd Vice President of Preventive and Family Outreach Services

Ph: 609-477-9955, Email: amassa@chsofnj.org

The Children's Home Society of NJ

Contact: Jessica Morello, Program Administrator

1433 Hooper Avenue, Suite 340

Toms River, NJ 08753

Ph: 732-557-9633, Ext. 101

Website: <https://chsofnj.org/>

Oasis Family Success Center

175 Gunning River Rd.

Barnegat, NJ 08005

Ph: 609-994-0200

Website: <https://oasisfsc.org/>



Through Family Success Centers, families receive support in dealing with the stress of parenting and everyday issues. Parents are encouraged to advocate for their families and assume leadership roles.

Family Success Centers are committed to strengthening families and inspiring parent, family and community involvement. By creating formal and informal support networks, Family Success Centers promote and ensure positive outcomes for children, youth and families.

The Goals of Family Success Centers are to:

- Promote family well-being
- Link families to community services
- Empower and support families
- Provide culturally sensitive programs
- Help families identify and build on their own strengths

Our Family Success Center adheres to the Principles of Family Support Practice, Standards of Prevention and


5 Protective Factors:

Nurturing and Attachments
Parenting & Child Development
Parental Resilience
Social Connections
Concrete Support/Services for Parents

Services will include:

Development of Family Success Plans
Life Skills & Job Readiness
Housing Resources
Parent Education
Parent-Child Activities
Linkages and Referrals
Advocacy
Family Health
Employment Related Service





Family Success Centers are community-based, family-centered neighborhood gathering places where any community resident can go for family support, information and services. All services are free and confidential.

The purpose of Family Success Centers is to enrich the lives of children and parents by making families and neighborhoods stronger. We also welcome grandparents raising grandchildren and foster parents.

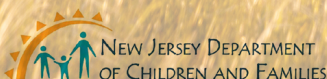
WALK IN Anchor Family Success Center
a program of CHSofNJ
101 Prosper Way, Unit 10
Brick, NJ 08723

CALL 848-241-9346

FAX 732-475-7734

HOURS Monday — Friday
9:00 am — 5:00 pm

Late nights and Saturdays as per program Calendar



ALLIED PROGRAMS AND SERVICES

Community Disaster Response Crisis Counseling

Ocean County Department of Human Services 732-506-5374
Monmouth Medical Center Southern Campus 732-886-4474
NJ Disaster Mental Health Helpline 877-294-HELP

Substance Abuse Hotlines

MHA NJ Connect For Recovery 855-652-3737
NJ Addiction Services Hotline—Rutgers UBHC 844-276-2777
Hope Sheds Light 800-486-7620
Reach NJ reachnj.gov/ 844-REACH-NJ

Substance Abuse Services

Seashore Family Services of NJ 732-920-2700
Ocean County Health Department 732-341-9700
Preferred Behavioral Health Group 732-367-4700
Barnabas Behavioral Health 800-300-0628
St. Francis Counseling Services 609-494-1554
Ocean Mental Health Services 732-575-1111
Integrity House—Toms River 973-623-0600
Lighthouse Manahawkin Recovery Centers of America 888-743-5748

Benefit and Entitlement Programs

Social Security Administration (www.ssa.gov) 800-772-1213
Medicare and Medicaid (www.cms.gov) 800-633-4227
NJ Family Care apply online www.njfamilycare.org 800-701-0710
US Department of Veteran's Affairs (www.va.gov) 800-827-1000
County Welfare Agency 732-349-1500
NJ Helps self screen for 28+ social services www.NJHelps.org
Temporary Disability: for information and to submit a claim visit
<http://lwd.dol.state.nj.us/labor/tldi/tldiindex.html>

Health Care Services, Information & Education

CHEMED Health Center 732-364-6666
www.chemedhealth.org 1771 Madison Ave., Lakewood
Ocean Health Initiatives, Inc. 732-363-6655
www.ohinj.org Toms River | Stafford | Lakewood
Ocean County Health Department 732-341-9700
www.ochd.org 175 Sunset Ave., Toms River
*see Ocean County Health Department Resource Directory for more info

Emergency Housing/Homeless Services

County Welfare Agency/ OC Board of Social Svcs 732-349-1500
After hours/Weekends Call 2-1-1
Hope Center 732-341-4447
NJ Housing Resource Center www.njhrc.org 877-428-8844
Village Resources 732-341-2272

ADDITIONAL MENTAL HEALTH PROGRAMS

(most programs require referral and certain eligibility)

Partial Care Programs

Community Resource Center 732-255-9102
Ocean Mental Health Services, Inc. 732-575-1111
Preferred Behavioral Health of NJ 732-367-8859
CVR 732-544-1800
Barnabas Behavioral Health 800-300-0628
The Center 732-961-9666
New Future Dreams 732-886-7128
Taylor Care 609-879-2233

Residential Services

NJ Supportive Housing Connection 800-654-6873
Ocean Mental Health Services 732-349-1977
Preferred Behavioral Health Group 732-367-2665
Triple C Housing 732-297-5840
Resources for Human Development 732-920-5000

Programs of Assertive Community Treatment (PACT)

OceanMHS - Northern & Southern Teams 732-349-1977 x719

Integrated Case Management Services (ICMS)

Preferred Behavioral Health Group 732-323-3664

Supported Employment Training

CVR 732-544-1800
Preferred Behavioral Health Group 732-367-5439
Community Resource Center 732-255-9102
Pathways to Success 848-480-0913

Supported Education Program

Preferred Behavioral Health Group 732-367-5439

Intensive Family Support Services (IFSS)

Ocean Mental Health Services, Inc. 732-575-1111

Geriatric Services

PBH Senior Guidance 732-785-1900
Barnabas Behavioral Health 800-300-0628
Ocean County Senior Services 732-929-2091

Justice Involved Services

Preferred Behavioral Health Group 732-323-3664
Ocean Mental Health Services, Inc. 732-281-1658 Option 3
Ocean Mental Health Services, Inc.—IOC 732-575-1111
PESS 732-886-4408
NJ Reentry Corp 848-238-7000

COUNTY OF OCEAN BOARD OF COMMISSIONERS

VIRGINIA E. HAINES
JOHN P. KELLY
GERRY P. LITTLE
GARY QUINN
JOSEPH H. VICARI

OCEAN COUNTY MENTAL HEALTH BOARD MEMBERS

DENNIS FLEISHMAN, CHAIR
PASTOR PETER HARTNEY, VICE CHAIR
KATHRYN PANDOLPHO PHD, SECRETARY
CHIEF JOHN CASELLA
JUNEAU GARY PSY.D.

OCEAN COUNTY DEPARTMENT OF HUMAN SERVICES

MENTAL HEALTH UNIT

1027 HOOPER AVENUE
BUILDING 2, 3RD FLOOR
PO BOX 2191

TOMS RIVER, NJ 08754
732-506-5374 | 800-544-7184
[HTTP://WWW.OCEANDHS.ORG](http://WWW.OCEANDHS.ORG)

GARY QUINN, LIAISON
TRACY MAKSEL, PHD, DIRECTOR
JAMIE BUSCH, PHD, ASSISTANT DIRECTOR
CASSIDY GOBEL, SUPPORT STAFF

JANUARY 2021

THIS DIRECTORY AIMS TO PROVIDE INFORMATION REGARDING
COMMUNITY RESOURCES. RESOURCES LISTED ARE NOT EVALUATED
NOR DO THE PROVISIONS OF INFORMATION ABOUT A RESOURCE
CONSTITUTE ENDORSEMENT. OMISSION OF A RESOURCE DOES NOT
SIGNIFY DISAPPROVAL.



Ocean County Mental Health Resource Directory

2021 Edition

Crisis Services

Psychiatric Emergency Screening Services 732-886-4474
www.nwjbh.org 600 River Ave., Lakewood

Community Medical Center Crisis Center 732-557-8000
www.nwjbh.org 99 Route 37 West, Toms River

Ocean Medical Center Crisis Center 732-836-4664
www.oceanmedicalcenter.com 425 Jack Martin Blvd., Brick

Southern Ocean Medical Crisis Center 609-978-8972
www.southernoceanmedicalcenter.com 1140 Rt. 72 West, Manahawkin

St. Francis Counseling - Sexual Assault Hotline
www.stfranciscenterfbi.org/counseling/ 609-494-1090

Rutgers –UBHC Coordinated Specialty Care 732-235-2868
www.ubhc.rutgers.edu/dsr/fep/index.html

Early Intervention Support Services

Ocean CREST 732-240-3760
www.OceanMHS.org Toms River | Manahawkin

Crosswinds— Peer Operated Respite Services 848-221-3022
2224 Whitesville Rd., Toms River

Inpatient Services

Barnabas Behavioral Health Center 732-914-1688
www.nwjbh.org 1691 Route 9, Toms River

Jersey Shore University Medical Center 732-776-4369
www.jerseyshoreuniversitymedicalcenter.com 1945 Rt. 33, Neptune

Carrier Clinic 800-933-3579
www.carrierclinic.org P.O. Box 147, Belle Mead

Hampton Behavioral Health 800-603-6767
www.hamptonhospital.com 650 Rancocas Rd., Westampton Twp.

Princeton House 800-242-2550
www.princetonhcs.org 905 Herrontown Rd., Princeton

Northbrook Behavioral Health 856-374-6500
www.northbrookbhh.com 425 Woodbury-Turnersville Rd. Blackwood

Mental Health Hotlines

New Jersey Suicide Prevention Helpline 855-654-6735

National Suicide Prevention Lifeline 800-273-TALK

NJ Mental Health Cares njmentalhealthcares.org 866-202-HELP

2nd Floor Youth Helpline www.2ndfloor.org 888-222-2228

Postpartum Depression Hotline 800-328-3838

MHA NJ Peer Recovery Warm Line 877-292-5588

Cop2Cop 866-COP-2-COP

NJ Vet 2 Vet 866-838-7654

Children's Behavioral Health Services

NJ youth needing publicly funded services are referred through

PerformCare, the Contracted Systems Administrator

PerformCare www.performcarenj.org 877-652-7624

Ocean Partnership For Children 732-202-1585
www.oceanpartnership.org | www.oceanresourcenet.org
36 Washington St., Toms River

Ocean Mental Health Services, Inc. 732-575-1111
www.OceanMHS.org 732-349-3535
160 Route 9, Bayville | 81 Nautilus Drive, Manahawkin

Preferred Behavioral Health Group 732-785-1900
www.preferredbehavioral.org
Mobile Response 877-652-7624

St. Francis Counseling Service 609-494-1554
www.stfranciscenterfbi.org/ 4700 Long Beach Blvd., Brant Beach

Lakewood Community Services Corp. 732-901-6001
www.lakewoodcs.com Lakewood

Ocean Co Family Support Organization (FSO) 732-569-6334
www.oceanfso.org 36 Washington St. Suite 201, Toms River

Catholic Charities Family Growth Program 800-360-7711

Community YMCA 732-290-9040
www.cymca.org/locations/counseling-social-services/
Little Egg Harbor & Manahawkin

Youth Advocate Programs 732-503-3644
212-B Commons Way, Toms River

Outpatient Counseling & Psychiatry Services

Ocean Insight Center 732-930-1020
1749 Hooper Ave Ste. 202, Toms River

Ocean Mental Health Services 732-575-1111
www.OceanMHS.org 877-621-0445
Bayville | Brick | Manahawkin | Toms River

Preferred Behavioral Health Group 732-367-4700
www.preferredbehavioral.org 700 Airport Rd., Lakewood

Stepping Stones at Barnabas Health 800-300-0628
www.barnabashealth.org 1691 Rt 9, Toms River

St. Francis Counseling Service 609-494-1554
www.stfranciscenterfbi.org 4700 Long Beach Blvd., Brant Beach

Seashore Family Services of NJ www.sfsnj.org
35 Beaverson Blvd, Bldg 6, Brick 732-920-2700
226 Main Street, Toms River 732-244-1600

Lakewood Community Services Corp. 732-886-6964
www.lakewoodcs.com Lakewood

Intensive Outpatient Treatment & Support Services

Preferred Behavioral Health Group 732-276-1510
www.preferredbehavioral.org 725 Airport Rd, Ste. 7G, Lakewood

Co-Occurring Services (Mental Illness & Substance Abuse)

Preferred Behavioral Health Group 732-367-4700
www.preferredbehavioral.org 700 Airport Rd., Lakewood

Ocean Mental Health Services 732-575-1111
www.OceanMHS.org 160 Route 9, Bayville 877-621-0445

New Future Dreams, Co-Occurring Partial Care 732-886-7128
127 7th Street, Lakewood

The Center, Co-Occurring Partial Care Program 732-961-9666
501 Prospect St. Bldg. 1A Ste. 8, Lakewood, NJ

Daytop 732-875-1090
www.daytopnj.org 339 Main St., Manahawkin

Projects for Assistance in Transition from Homelessness (PATH)

Ocean Mental Health Services 732-349-1977
Preferred Behavioral Health of NJ 732-367-2665

Self Help Centers & Consumer-Led Programs

Brighter Days Self-Help Center 732-534-9960
268 Bennetts Mills Rd., Jackson

Journey to Wellness Program 732-914-1546
25 South Shore Dr., Toms River

Coalition of Mental Health Consumer Orgs 973-778-8810
COMHCO@aol.com 408 Sussex St., Paterson

New Jersey Self-Help Clearinghouse 800-367-6274
www.njgroups.org

Family Support /Advocacy Groups

National Alliance on Mental Illness (NAMI) 732-244-4401
www.namijnj.org P.O. Box 1436, Toms River

Ocean Co Family Support Organization (FSO) 732-569-6334
www.oceanfso.org 36 Washington St., Suite 201, Toms River

Advocacy Resources

Community Health Law Project 732-349-6714
Eatontown Office-Intakes 732-380-1012
www.chlp.org 250 Washington St., Suite 5, Toms River

Mental Health Association of NJ 973-571-4100
www.mhanj.org 673 Morris Ave Ste. 100 Springfield, NJ

South Jersey Legal Services (hours: 9am-1pm) 732-608-7794
www.lsnj.org/sjls 215 Main St., Toms River 800-496-4570

Information & Referral Resources

CONTACT of Ocean County 24-Hour Crisis Listening 732-240-6100
www.contactoceanmonmouth.org 609-693-5834

Ocean Resource Net www.oceanresourcenet.org

NJ211.org, or dial 2-1-1 from a landline or mobile phone

NJ Division of Mental Health & Addiction Services 800-382-6717
<https://www.state.nj.us/humanservices/dmhas/home/>

NJ Self-Help Group Clearinghouse 800-367-6274
www.NJGroups.org

**Looking for other services? Visit
www.oceandhs.org for this and other
resource guides.**

Shelter Resources

***While this list is intended to guide individuals who are homeless access shelter and services, assistance is based on agency availability.**
Placement is never guaranteed however contacting as many resources as possible can increase your chances of finding the assistance that works for your individual situation.
Eligibility criteria apply for every agency listed.
For additional resources please refer to the Ocean County Housing Resource Guide, <https://www.oceanresourcenet.org/>, and <https://www.211.org/>

Name of Agency	Address	Phone Number	Type of Service
Immediate Assisstance			
211 Hotline			Housing/ Resource Hotline
House of Hope	253 Chestnut St. Toms River	732-341-4447	Motel funding/ Food/ Clothing
Just Believe, Inc.	250 Riverwood Rd. Toms River	732-279-6157	Code Blue Shelter November-March/ Motel funding/ Housing assistance
St. Catharine of Siena Church	50 East St. Seaside Park	732-793-0041	Motel funding/ Other
St. Pius X Catholic Church	300 Lacey Rd. Forked River	609-693-5107	Motel funding/ Other
Toms River Community Church	22 Robbins St. Toms River	732-240-9550	Sandwiches for the homeless on Mondays, Wednesdays, and Fridays at 11AM in back of church. Heaters for homeless in the winter and camping supplies when available. Also provides hot meals when available, clothing, and shelf-stable food.
Ocean Christian Community Church	405 Washington St. Toms River	732-240-5998	Food, clothing, occasional motel funding when funding available
Seeds of Service	725 Mantoloking Rd. Brick	732-746-3456	Food, clothing, occasional motel funding when funding available
St. Francis Community Center	4700 Long Beach Blvd. Long Beach Twp.	609-494-8861	Food, housing and utility assistance when funding is available, counseling
Village Resources	253 Chestnut St. Toms River	732-341-2272	Ocean County Coordinated Assessment/ Homeless census and provides linkage to housing resources
Solutions to End Poverty Soon (STEPS)	14 Clifton Ave. S. Lakewood	732-367-1640	Homeless assistance/ Utilities
Community Affairs and Resource Center (CARC)	Lakewood, Asbury Park, Freehold, Keansburg	732-774-3282 (Asbury)	Social Services for the homeless
Catholic Charities Homeless Prevention Program	200 Monmouth Ave. Lakewood	732-363-5322 1-800-360-7711 (Access Center)	Rent, mortgage, utilities assistance and motel funding when available
St. Stephen's Episcopal Church	367 Us. 9 Waretown	609-698-8561	Temporary housing for males
Ocean County Board of Social Services	1027 Hooper Ave Toms River	732-349-1500	Welfare services (GA/TANF), Foodstamps, Medicaid, Emergency Housing Assistance, NPA grant-funded assistance
Shore Vineyard Church	1 South Main St. Toms River	732-244-3888	Meals and support for the homeless

Out of County Shelters

Covenant House	330 Washington St. Newark	973-621-8705	Emergency Shelter
Jersey Shore Rescue Mission	701 Memorial Dr. Suite 1 Asbury Park	732-988-0242	Emergency Shelter (males)
Atlantic City Rescue Mission	2009 Bacharach Blvd. Atlantic City	609-345-5517	Emergency Shelter
St. Lucy's Emergency Shelter	619 Grove St. Jersey City	201-656-7201	Emergency shelter and food
Hope House	246 Second St. Jersey City	201-420-1070	Emergency shelter for women with children (would consider out-of-county placement case-by-case basis)
The Extended Hand Ministry	275 Holeman St. Mount Holly	609-914-4270	Emergency shelter and food (males) Not taking out-of-county individuals due to COVID
Homeless Solutions	540 West Hanover Ave. Suite 100 Morristown	973-993-0900	Emergency shelter
Salvation Army	State headquarters office	908-851-9300	Emergency Shelter
Trenton Rescue Mission	98 Carroll St. Trenton	609-695-1436	Emergency Shelter

St. Vincent De Paul Societies of Ocean County

Assists with motel funding, food, and other help to individuals residing within parish zip code and depending on financial availability . Please allow at least 24 hours for a return call.

St. Mary's	747 West Bay Ave. Barnegat	609-698-7477	08005, 08050, 08087, 08092, 08758
St. Barnabas	33 Woodland Rd. Bayville	732-269-2208 x134	08721, 08722, 08740, 08741, 08757
Church of Epiphany	615 Thiele Rd. Brick	732-458-0220	08724
St. Dominic's	250 Old Squan Rd. Brick	732-458-7450	08724
Church of Visitation	730 Lynnwood Ave. Brick	732-477-0028	08723
St. Aloyslus/ St. Monica	935 Bennetts Mills Rd. Jackson	732-370-0098	08752
St. Mary of the Lake	43 Madison Ave. Lakewood	732-363-6683	08701
St. Pio of Pletrelnco	130 Washington Ave. Lavallette	732-793-7291 x323	08735

St. Martha's	3800 Herbertsville Rd. Pt. Pleasant	732-295-3630 x33	08742
St. Joseph's	685 Hooper Ave. Toms River	732-349-0018 x 2260	08755, 08753
St. Justin's	975 Fischer Blvd. Toms River	732-929-1119	08753
St. Luke's	1674 Old Freehold Rd. Toms River	732-244-3916	08755
St. Elizabeth Ann Seton	30 Schoolhouse Rd. Whiting	732-350-5001/ 9421	08759

Other

NJ Re-Entry	310 Main St. Suite 3B Toms River	848-238-7000	Case management for individuals with a jail or prison background (does not have to be recent) to develop job skills, find employment, and obtain ID.
SafeLink Wireless	safelinkwireless.com/enrollment	1-800-732-3546	Free government phone
Assurance Wireless	assurancewireless.com	1-888-321-5880	Free government phone
LogistiCare Reservations	https://www.logisticare.com	1-866-527-9933	Medical transportation for those with medicaid
OceanRide Reserve-A-ride	\$3.00 fare with PAAD card. \$6 fare normally	732-736-8989 1-877-929-2082 (Southern OC)	Transportation for seniors (60 and above) and disabled adults (18 and above)
NJ Family Care	http://www.njfamilycare.org/whatisit.aspx	1-800-701-0710	Medicaid . Email required for online applications. Applications also available on paper at the Board of Social Services.

Veteran's Services

Soldier On		1-866-406-8449	case management, motel funding, temporary rental assistance, security deposits
Community Hope		1-855-483-8466	case management, motel funding, temporary rental assistance, security deposits

Domestic Violence Services

Catholic Charities Providence House	Outreach office 88 Schoolhouse Rd. Whiting	1-800-799-7233 or 1-800-787-3224 text LOVEIS 22522	Shelter for victims of domestic violence with or without children who are sober.
Dottie's House	P.O. Box 4002, Brick, NJ 08723	732-262-2009	Shelter for victims of domestic violence with or without children who are employed and sober.
Catholic Charities Human Trafficking Hotline	833-SEE-THEM (833-733-8436) or 732-363-5322, ext. 3239; humantrafficking@cctrenton.org; or 200 Monmouth Ave., Lakewood, NJ 08701		Agency that helps victims find safe shelter and access to medical care, counseling, language skills, education, job training, and career coaching.

Substance Abuse Services

Samaritan House	213 Madison Ave. Lakewood	732-367-0933	Temporary Housing for males with substance abuse history who are in recovery
Oxford House	P.O. Box 10 Millstone Township, NJ 08535	http://www.njoxfordhouse.org/directory/	Sober housing for individuals in recovery.
Reach NJ	www.reachnj.gov	1-844-732-2465	24/7 In-patient and support resources
IME Addiction Access Center		1-844-276-2777	24/7 Assistance and linkage to treatment
Ocean County Health Department	175 Sunset Ave. PO Box 2191 Toms River	732-341-9700, ext. 7536	Assistance with linkage and funding for treatment
Peer Recovery Program -- RWJ Barnabas Hospitals		833-233-IFPR (4377)	Linkage, navigation, and support to in-patient and outpatient treatment
New Hope Integrated Behavioral Health Care	80 Conover Rd, Marlboro Township, NJ 07746	732-946-3030 Option 3 or Toll Free at 800-705-HOPE (4673) Option 3	Withdrawal management and intensive inpatient treatment for Adolescents age 13-17 (732-946-3030 Option 5) & Adult Residential Treatment (732-946-3030 Option 3); halfway houses for men (732-946-3030 Option 3) and women (732-775-0720 Option 3)
HOPE Sheds Light, Inc.	253 Chestnut St. Toms River, NJ 08753	732-244-0738/ 24 hr helpline 800-855-4673 heather@hopeshedslight.org	Non-profit that provides navigation to sober living, IOPS, detox, and treatment.

Youth Services & Family Services

Harbor House	2445 Windsor Avenue, Toms River	732-929-0660	Emergency shelter for youth ages 10-19. Offers individuals, group, and crisis counseling.
Adolescent Housing Hub		1-877-652-7624	A real-time database designed to assist youth with placement in a transitional or permanent housing program.
Family Promise of Southern Ocean Couty	1001 S Main St, West Creek, NJ 08092	609-994-3317	A non-profit providing temporary shelter, meals, hospitality, and programming for children and families experiencing homelessness. Also have prevention programming and assistance, rental assistance, security deposits, motel funding
Interfaith Hospitality Network	407 Lexington Ave, Toms River, NJ 08753	732-736-1550	A non-profit, interfaith hospitality network providing temporary shelter, meals, hospitality, and case management for children and families experiencing homelessness. Mental health issues must be controlled as part of screening requirements.

Mental Health Services

PESS (Psychiatric Emergency Screening Services)		886-904-4474	Emergency screening, crisis intervention,mobile outreach
Ocean CREST/ Crisis Stabilization	409 Main St., Toms River, NJ 08753	732-240-3760	Crisis Intervention. Walk ins welcome. Hours M-F 8am-7pm; Sat-Sun 9am-4pm
St Francis Sexual Abuse & Assault Program/Hotline	4700 Long Beach Blvd, Long Beach Twp, NJ 08008	609-494-1090	24 hr crisis hotline, ongoing therapy, community education

CONTACT of Ocean & Monmouth Counties		732-240-6100	24 hour crisis intervention and suicide prevention hotline and listening warmline; referrals to community services
Suicide Prevention Lifeline		800-273-TALK (8255)	24 hour suicide hotline
Ocean Mental Health	160 Atlantic City Blvd, Bayville, NJ 08721	732-349-5550	Continuum of mental health services, multiple locations
Preferred Behavioral Health	725 Airport Rd, Lakewood, NJ 08701	732-367-2665	Continuum of mental health services, multiple locations
Barnabas Health Behavioral Health Center	1691 US Hwy 9, Toms River, NJ 08754	932-914-1688	Inpatient and outpatient mental health services
St Francis Counseling Center	4700 Long Beach Blvd, Long Beach Twp, NJ 08008	609-494-1090	Counseling services, victims of crime, sexual assault, grief
Seashore Family Services of NJ	226 Main St, Toms River, NJ 08753 35 Beaverson Blvd Bldg 6, Suite A, Brick, NJ 08723	TR 732-244-1600 Brick 732-920-2700	Continuum of mental health services, two locations
PATH (Projects for Assistance in Transition from Homelessness) Ocean Mental Health	160 Atlantic City Blvd, Bayville, NJ 08721	732-349-1977 ext. 640	Mental health services, housing, community resources for homeless
PATH (Projects for Assistance in Transition from Homelessness) Preferred Behavioral Health	725 Airport Rd, Lakewood, NJ 08701	732-367-2665	Mental health services, housing, community resources for homeless
Crosswinds Peer Respite Program	2224 Whitesville Rd, Toms River, NJ 08753	848-221-3022	Inpatient mental health respite services - short term
PerformCare		877-652-7624	Referrals and access to services for NJ Children's System of Care eligible youth
Ocean Partnership for Children	36 Washington St, Toms River, NJ 08753	732-202-1585	Care management services to youth 5-21 years of age; access services through PerformCare
Children's Mobile Response & Stabilization Services Preferred Behavioral Health		877-652-7624	24 hour mobile crisis intervention and stabilization services for youth
Children's Specialized Hospital	94 Stevens Rd, Toms River, NJ 08755	888-244-5373	Youth mental health services

This guide was a collaborate effort by the Homeless Prevention and Assistance Coalition of Ocean County. For corrections or changes please email awebber@oceanmhs.org or kcittick@oceanpartnership.org