

WELLSPRING CHURCH RESOURCE GUIDE

CARE IN COUNSELING

We recognize the need and benefit of having one on one conversation in our pursuit towards endless growth. Sometimes an individual will need a discussion diving deeper into who Jesus is, a discussion to deal with past or current conflict and hurt, and there are times when a person may need to have conversation about a severe area of their life that is in turmoil or danger.

To best care for the individuals of Wellspring Church we acknowledge that the pastoral staff cannot always be the one to meet with said individuals. Conversation is best held where there is a relationship and sometimes conversation needs to happen with someone who is trained in a specific area of treatment. The staff and leadership understand that in some cases it is best to recommend an outside Counselor or Doctor to an individual.

When someone requests a conversation the first person they should meet with is their Life Group Leader, Team Leader, or Mentor. If a person is not connected to one of these communities, you as a leader may be reached out to if we believe you would be a good fit for an initial conversation.

If the Leader/Mentor believes that the situation is beyond what they can wisely handle we ask that they give the following information to the counselee and encourage them to take a step further by contacting someone from this list who is trained to specifically help them or by attending a support group that is specific to their need.

RESOURCES

Christian Counseling

Ron Fraser

Biblical Counseling

<http://biblicalcounselingcenter.com>

Dr. Jeffrey Newenhouse

Please call Newenhouse Jeffrey PSY D at (732) 341-1553 to schedule an appointment in Toms River, NJ or to get more information. Alternative number: (732) 542-8043

Foundations Christian Counseling

Carol Ann Sheppard, MA

Email: csheppard@foundchristcounsel.org

Main Phone Toll-Free: (877) 414-HOPE (4673)

www.foundchristcounsel.org

Support Groups

America's Keswick, Whiting

<https://addictionrecovery.org/enrich/support-groups/>

Mens, Womens, Mothers of those with addiction, Fathers of those with addiction, Grief Share.

Addiction Recovery

America's Keswick, Whiting

<https://addictionrecovery.org>

Trauma Recovery

America's Keswick, Whiting

<https://addictionrecovery.org/enrich/trauma/>

Financial Recovery

Financial Peace University

<https://www.daveramsey.com>

*search bar at bottom to find next course near you

FAMILY CARE CONTACT INFO

The Children's Home Society of NJ offer help with child protective services, welfare, post adoption child care and NJ care subsidies.

Anchor Family Success Center (see attached flier)

101 Prosper Way, Unit 10

Brick, NJ 08723

Main Ph: 848-241-9346

<https://www.chsofnj.org/family-success-centers/anchor-family-success-center-ocean-county/>



DISPLACED HOMEMAKERS PROGRAM OF OCEAN COUNTY

The Displaced Homemakers Program of Ocean County is here to help!

Ocean County College is pleased to introduce the Displaced Homemakers Programs of Ocean County. This program is designed to provide services to individuals who have lost their primary source of income due to separation, divorce, disability or death of the primary family provider and to help them become economically self sufficient. It is funded through a grant from the New Jersey Division on Women and services include career, employment and life counseling, connection to social and community organizations, and assistance with the job search.

For additional information, call 732.255.0400 ext. 2297

Website:

<https://www.ocean.edu/student-services/displaced-homemakers-program-of-ocean-county/>

Services Available

Pre-employment Counseling and Training

Career Counseling and Planning

Academic Advising

Information and Referrals to Community Resources and Social Services

Supportive Counseling

Health and Wellness Programs

Self Esteem and Confidence Building



Through Family Success Centers, families receive support in dealing with the stress of parenting and everyday issues. Parents are encouraged to advocate for their families and assume leadership roles.

Family Success Centers are committed to strengthening families and inspiring parent, family and community involvement. By creating formal and informal support networks, Family Success Centers promote and ensure positive outcomes for children, youth and families.

The Goals of Family Success Centers are to:

- Promote family well-being
- Link families to community services
- Empower and support families
- Provide culturally sensitive programs
- Help families identify and build on their own strengths

Our Family Success Center adheres to the Principles of Family Support Practice, Standards of Prevention and

5 Protective Factors:

Nurturing and Attachments
Parenting & Child Development
Parental Resilience
Social Connections
Concrete Support/Services for Parents

Services will include:

Development of Family Success Plans
Life Skills & Job Readiness
Housing Resources
Parent Education
Parent-Child Activities
Linkages and Referrals
Advocacy
Family Health
Employment Related Service



Family Success Centers are community-based, family-centered neighborhood gathering places where any community resident can go for family support, information and services. All services are free and confidential.

The purpose of Family Success Centers is to enrich the lives of children and parents by making families and neighborhoods stronger. We also welcome grandparents raising grandchildren and foster parents.

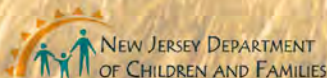
WALK IN Anchor Family Success Center
a program of CHSofNJ
101 Prosper Way, Unit 10
Brick, NJ 08723

CALL 848-241-9346

FAX 732-475-7734

HOURS Monday — Friday
9:00 am — 5:00 pm

Late nights and Saturdays as per program Calendar



ALLIED PROGRAMS AND SERVICES

Community Disaster Response Crisis Counseling

Ocean County Department of Human Services 732-506-5374
Psychiatric Emergency Screening Services 732-886-4474
NJ Disaster Mental Health Helpline 877-294-4357

Substance Abuse Hotlines

MHA NJ Connect For Recovery 855-652-3737
NJ Addiction Services Hotline—Rutgers UBHC 844-276-2777
Hope Sheds Light 855-850-4673
Reach NJ reachnj.gov/ 844-732-2465

Substance Abuse Services

Iron Recovery and Wellness Center 609-394-8988
Ocean County Health Department 732-341-9700
Preferred Behavioral Health Group 732-367-4700
RWJBarnabas Health 800-300-0628
St. Francis Counseling Services 609-494-1554
Bright Harbor Healthcare 732-575-1111
Integrity House—Toms River 732-569-3736

Benefit and Entitlement Programs

Social Security Administration (www.ssa.gov) 800-772-1213
Medicare and Medicaid (www.cms.gov) 800-633-4227
NJ Family Care (www.njfamilycare.org) 800-701-0710
US Department of Veteran's Affairs (www.va.gov) 800-827-1000
Ocean County Board of Social Services 732-349-1500
NJ Helps self screen for 28+ social services www.NJHelps.org
Temporary Disability: for information and to submit a claim visit
<https://nj.gov/labor/myleavebenefits/worker/tdi/>

Health Care Services, Information & Education

CHEMED Health Center 732-364-6666
www.chemedhealth.org 1771 Madison Ave., Lakewood
Ocean Health Initiatives, Inc. 732-363-6655
www.ohinj.org Toms River | Stafford | Lakewood
Ocean County Health Department 732-341-9700
www.ochd.org 175 Sunset Ave., Toms River
*see Ocean County Health Department Resource Directory for more info

Emergency Housing/Homeless Services

Ocean County Board of Social Services 732-349-1500
After hours/Weekends - Call 2-1-1
Hope Center 732-341-4447
NJ Housing Resource Center www.njhrc.org 877-428-8844
Village Resources 732-341-2272

ADDITIONAL MENTAL HEALTH PROGRAMS

(most programs require referral and certain eligibility)

Partial Care Programs

Community Resource Center 732-255-9102
Bright Harbor Healthcare 732-575-1111
Preferred Behavioral Health Group 732-367-4700
CVR 732-544-1800
Barnabas Behavioral Health 732-914-1688
The Center—Advanced Behavioral Care Services 732-961-9666
New Future Dreams 732-886-7128
Taylor Care 609-879-2233

Residential Services

NJ Supportive Housing Connection 844-217-6988
Bright Harbor Healthcare 732-575-1111
Preferred Behavioral Health Group 732-367-2665
Triple C Housing 732-658-6636
Resources for Human Development 732-920-5000

Programs of Assertive Community Treatment (PACT)

Bright Harbor Healthcare 732-349-3535

Integrated Case Management Services (ICMS)

Preferred Behavioral Health Group 732-323-3664

Supported Employment Training

CVR 732-544-1800
Preferred Behavioral Health Group 732-367-5439
Community Resource Center 732-255-9102
Pathways to Success 848-480-0913
PathStone Corporation 856-889-2137

Supported Education Program

Preferred Behavioral Health Group 732-367-5439

Intensive Family Support Services (IFSS)

Bright Harbor Healthcare 732-575-1111

Geriatric Services

PBH Senior Guidance 732-785-1900
Barnabas Behavioral Health 800-300-0628
Ocean County Senior Services 732-929-2091

Justice Involved Services

Preferred Behavioral Health Group 732-323-3664
Bright Harbor Healthcare 732-269-4849 Ext. 717
Bright Harbor Healthcare.—IOC 732-575-1111
Psychiatric Emergency Screening Services 732-886-4474
NJ Reentry Corp 848-238-7006

There is hope. If you or someone you know needs support now:
Call or text 9-8-8
or
chat 988lifeline.org



24/7 CALL, TEXT, CHAT

COUNTY OF OCEAN
BOARD OF COMMISSIONERS
JOSEPH H. VICARI, DIRECTOR
GARY QUINN, DEPUTY DIRECTOR
BARBARA JO CREA
VIRGINIA E. HAINES
JOHN P. KELLY

OCEAN COUNTY
MENTAL HEALTH BOARD MEMBERS
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PASTOR PETER HARTNEY, VICE CHAIR
KATHRYN PANDOLPHO PHD, SECRETARY
CHIEF JOHN CASELLA
DANIELLE QUINONES
MICHAEL ROCHE
CLIFFORD VAN NEST

OCEAN COUNTY
DEPARTMENT OF HUMAN SERVICES
MENTAL HEALTH UNIT
1027 HOOPER AVENUE
BUILDING 2, 3RD FLOOR
TOMS RIVER, NJ 08754
732-506-5374 | OCEANDHS.ORG

BARBARA JO CREA, LIAISON
TRACY MAKSEL, PHD, DIRECTOR
JAMIE BUSCH, PHD, ASSISTANT DIRECTOR
KATIE SCHWORN, COORDINATOR
COURTNEY HARTSHORN, AWARENESS COMMITTEE

APRIL 2023

THIS DIRECTORY AIMS TO PROVIDE INFORMATION REGARDING COMMUNITY RESOURCES. RESOURCES LISTED ARE NOT EVALUATED NOR DO THE PROVISIONS OF INFORMATION ABOUT A RESOURCE CONSTITUTE ENDORSEMENT. OMISSION OF A RESOURCE DOES NOT SIGNIFY DISAPPROVAL.

Ocean County Mental Health Resource Directory

2023 Edition



Crisis Services

Psychiatric Emergency Screening Services 732-886-4474
www.rwjbh.org 600 River Ave., Lakewood

Community Medical Center Crisis Center 732-557-8000
www.rwjbh.org 99 Route 37 West, Toms River

Ocean Medical Center Crisis Center 732-836-4664
www.oceanmedicalcenter.com 425 Jack Martin Blvd., Brick

Southern Ocean Medical Crisis Center 609-978-8972
www.southernoceanmedicalcenter.com 1140 Rt. 72 West, Manahawkin

St. Francis Counseling - Sexual Assault Hotline
www.stfranciscenterlbi.org 609-494-1090

CONTACT of Monmouth & Ocean Counties 732-240-6100

Rutgers –UBHC Coordinated Specialty Care 732-235-2868

Early Intervention Support Services

CREST 732-240-3760
www.brightharbor.org Toms River | Manahawkin

Crosswinds– Peer Operated Respite Services 848-221-3022
2224 Whitesville Rd., Toms River

Inpatient Services

Barnabas Behavioral Health Center 1-800-300-0628
www.rwjbh.org 1691 Route 9, Toms River

Jersey Shore University Medical Center 732-776-4369
www.jerseyshoreuniversitymedicalcenter.com 1945 Rt. 33, Neptune

Carrier Clinic 800-933-3579
www.carrierclinic.org P.O. Box 147, Belle Mead

Hampton Behavioral Health 800-603-6767
www.hamptonhospital.com 650 Rancocas Rd., Westampton Twp.

Princeton House Behavioral Health 888-437-1610
www.princetonhcs.org 905 Herrontown Rd., Princeton

Northbrook Behavioral Health 856-374-6500
www.northbrookbhh.com 425 Woodbury-Turnersville Rd. Blackwood

Mental Health Hotlines

New Jersey Suicide Prevention Hopeline 855-654-6735

National Suicide Prevention Lifeline 800-273-TALK

CONTACT of Monmouth & Ocean Counties 732-240-6100

NJ Mental Health Cares njmentalhealthcares.org 866-202-HELP

2nd Floor Youth Helpline www.2ndfloor.org 888-222-2228

Postpartum Depression Hotline 800-328-3838

MHA NJ Peer Recovery Warm Line 877-292-5588

Cop2Cop 866-COP-2-COP

NJ Vet 2 Vet 866-838-7654

Children's Behavioral Health Services

NJ youth needing publicly funded services are referred through

PerformCare, the Contracted Systems Administrator

PerformCare www.performcarenj.org 877-652-7624

Ocean Partnership For Children 732-202-1585
www.oceanpartnership.org | www.oceanresourcenet.org
36 Washington St., Toms River

Bright Harbor Healthcare 732-575-1111
www.brightharbor.org 732-349-3535
Bayville | Brick | Manahawkin | Toms River

Preferred Behavioral Health Group 732-785-1900
www.preferredbehavioral.org
Mobile Response 877-652-7624

St. Francis Counseling Service 609-494-1554
www.stfranciscenterlbi.org/ 4700 Long Beach Blvd., Brant Beach

Lakewood Community Services Corp. 732-901-6001
www.lakewoodcs.com Lakewood

OC Family Support Organization (FSO) 732-569-6334
www.oceanfso.org 36 Washington St. Suite 201, Toms River

Catholic Charities Family Growth Program 800-360-7711

YMCA of Greater Monmouth 732-290-9040

Youth Advocate Programs 732-503-3644

Outpatient Counseling & Psychiatry Services

Ocean Insight Center 732-930-1020
1749 Hooper Ave Ste. 202, Toms River

Bright Harbor Healthcare 732-575-1111
www.brightharbor.org 877-621-0445
Bayville | Brick | Manahawkin | Toms River

Preferred Behavioral Health Group 732-367-4700
www.preferredbehavioral.org 700 Airport Rd., Lakewood

Stepping Stones at Barnabas Health 800-300-0628
www.rwjbh.org 1691 Rt 9, Toms River

St. Francis Counseling Service 609-494-1554
www.stfranciscenterlbi.org 4700 Long Beach Blvd., Brant Beach

Lakewood Community Services Corp. 732-886-6964
www.lakewoodcs.com Lakewood

Intensive Outpatient Treatment & Support Services

Preferred Behavioral Health Group 732-276-1510
www.preferredbehavioral.org 725 Airport Rd, Ste. 7G, Lakewood

Co-Occurring Services (Mental Illness & Substance Abuse)

Preferred Behavioral Health Group 732-367-4700
www.preferredbehavioral.org 700 Airport Rd., Lakewood

Bright Harbor Healthcare 732-575-1111
www.brightharbor.org 160 Route 9, Bayville 877-621-0445

New Future Dreams, Co-Occurring Partial Care 732-886-7128
127 7th Street, Lakewood

The Center, Co-Occurring Partial Care Program 732-961-9666
501 Prospect St. Bldg.. 1A Ste. 8, Lakewood, NJ

*Looking for other services? Visit
www.oceandhs.org for this and other
resource guides.*

Projects for Assistance in Transition from Homelessness (PATH)

Bright Harbor Healthcare 732-349-1977
Preferred Behavioral Health of NJ 732-367-2665

Self Help Centers & Consumer-Led Programs

Brighter Days Self-Help Center 732-534-9960
268 Bennetts Mills Rd., Jackson

Journey to Wellness Program 732-914-1546
25 South Shore Dr., Toms River

Coalition of Mental Health Consumer Orgs 877-246-9058
www.ncmhr.org

New Jersey Self-Help Clearinghouse 800-367-6274
www.njgroups.org

Family Support /Advocacy Groups

National Alliance on Mental Illness (NAMI) 732-244-4401
www.namini.org P.O. Box 1436, Toms River

Ocean Co Family Support Organization (FSO) 732-569-6334
www.oceanfso.org 36 Washington St., Suite 201, Toms River

Advocacy Resources

Community Health Law Project 732-349-6714
Eatontown Office-Intakes 732-380-1012
www.chlp.org 250 Washington St., Suite 5, Toms River

Mental Health Association of NJ 973-571-4100
www.mhanj.org 673 Morris Ave Ste. 100 Springfield, NJ

South Jersey Legal Services (hours: 9am-1pm) 732-608-7794
www.isnj.org/sjls 215 Main St., Toms River 800-496-4570

Information & Referral Resources

CONTACT of Ocean and Monmouth Counties , First Call for Help
24-Hour Crisis Listening 732-240-6105
www.contactoceanmonmouth.org 732-240-6100

Ocean Resource Net www.oceanresourcenet.org

NJ211.org, or dial 2-1-1 from a landline or mobile phone

NJ Division of Mental Health & Addiction Services 800-382-6717
<https://www.state.nj.us/humanservices/dmhas/home/>

NJ Self-Help Group Clearinghouse 800-367-6274
www.NJGroups.org

PROGRAMS ADMINISTERED OCEAN COUNTY BOARD OF SOCIAL SERVICES



Northern Satellite Office
Northern Ocean County
Resource Center
225 Fourth Street
Lakewood, NJ 08701
(732) 370-8854

Main Office
Buildings 3, 4, 5 and 7
1027 Hooper Avenue
P.O. BOX 547
Toms River, NJ 08754-0547
(732) 349-1500

Southern Satellite Office
333 Haywood Road
Manahawkin, NJ 08050
(609) 242-6100

Emergency After-Hours Number: 211 or Toll-Free Number (877) 652-1148

TDD#: 732-244-3812

Website: www.co.ocean.nj.us/Social_Services/

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PREFACE

The Ocean County Board of Social Services provides eligible county residents with financial, medical, and social services assistance. Assistance can be granted for emergency circumstances, as well as to meet ongoing needs.

Income Assistance Programs
Medicaid Programs
Social and Support Programs

Offices are located in Toms River, Lakewood, and Manahawkin. Not all offices are staffed for all programs.

MISSION STATEMENT

The mission of the Ocean County Board of Social Services is to serve residents of Ocean County in the administration of approximately 50 programs. The agency has expanded its mission to include a more pronounced emphasis on client responsibility and eventual self-sufficiency. The Ocean County Board of Social Services continues to commit to an ongoing record of excellence in serving Ocean County's population. In furtherance of this goal, the Board utilizes bilingual (English/Spanish) workers, a Telecommunications Device for the Deaf (TDD), American Sign Language interpreters, and Language Line Service to ensure that all residents have access to programs and services.

INFORMATION AND REFERRAL

Income maintenance and social services staff are acquainted with the myriad of county services available. They ensure that clients are aware of the programs and benefits and assist with referrals as needed.

NON-DISCRIMINATION STATEMENT

The Ocean County Board of Social Services does not discriminate on the basis of race, creed, color, national origin, age, ancestry, nationality, marital or domestic partnership or civil union status, sex, gender identity or expression, disability, liability for military service, affectional or sexual orientation, atypical cellular or blood trait, or genetic information (including the refusal to submit to genetic testing).

Esta agencia no discrimina por raza, credo, nacionalidad de origen, sexo, identidad de genero o expresión, edad, estado civil o socios domésticos o uniones civiles, ancestros, incapacidad, nacionalidad, orientación sexual o afectiva, rasgos celulares o sangre hereditaria anormal, información genética (incluyendo la dengación a someter a la prueba genética), por servicios en las fuerzas armadas.

INCOME ASSISTANCE PROGRAMS

COMMUNICATIONS LIFELINE/LINK UP AMERICA

Verizon's Communications Lifeline/Link Up America program makes telephone service more affordable for qualified applicants. The Communications Lifeline provides qualified low-income individuals with a credit towards their monthly telephone bill. The Link Up America component of the program provides eligible individuals with a discount on telephone connection charges with the remaining amount billed in 12 monthly payments.

ELECTRONIC BENEFITS TRANSFER (EBT)

The Electronic Benefits Transfer (EBT) system (known statewide as Families First) took effect in Ocean County on March 1, 1999. This system replaced the issuance of checks and food coupons to eligible TANF/GA/NJ SNAP clients and made their cash and food benefits available to them through an electronic benefit account. To access their cash, food and certain transportation related benefits, TANF/GA/NJ SNAP clients utilize their Families First cards. The EBT card may be used at merchant point-of-sale (POS) terminals and automated teller machines (ATM).

EMERGENCY ASSISTANCE (EA)

Work First New Jersey/TANF/GA and Supplemental Security Income recipients may be eligible to receive Emergency Assistance (EA) benefits to alleviate or prevent homelessness. This assistance may include temporary shelter, utility assistance, food, household furnishings, security deposit, first month's rent, back rent, and/or a rent subsidy. Receipt of these benefits is time-limited and contingent upon other eligibility factors, such as housing affordability.

NJ SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (NJ SNAP)

This program is designed to promote the general welfare and safeguard the health and well-being of low-income individuals by raising their level of nutrition. When making food purchases, eligible individuals use their Families First card to pay for food purchases with funds available in their Electronic Benefits Transfer (EBT) account. Able-bodied NJ SNAP recipients may be required to register for work and participate in meaningful work-related activities through the NJ SNAP Employment and Training Program.

REFUGEE RESETTLEMENT PROGRAM (RRP)

This program serves refugees and asylees resettling in New Jersey and provides assistance such as medical support, employment services and other social services.

WORK FIRST NEW JERSEY/GENERAL ASSISTANCE PROGRAM (WFNJ/GA)

This is a program designed to provide time-limited cash assistance and services that help improve the well-being of single adults or couples without children while they work at obtaining self-sufficiency through employment and/or other sources. The WFNJ/GA program incorporates a five-year limit on cash assistance.

WORK FIRST NEW JERSEY/TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (WFNJ/TANF)

This is a program designed to provide time-limited cash assistance to needy families with children. The program requires most recipients to participate in work-related activities while providing child-care assistance and other support services designed to promote economic self-sufficiency. The WFNJ/TANF program incorporates a five-year limit on cash assistance.

MEDICAID PROGRAMS

Medicaid programs pay medical bills for low-income individuals who qualify for assistance. All payments are made directly to the providers of medical and other health-care services.

BREAST AND CERVICAL CANCER PROGRAM

This program provides full Medicaid benefits to uninsured individuals under the age of 65 who have been diagnosed with breast and/or cervical cancer and who are in need of treatment. As part of the eligibility requirement for this program, individuals must be screened through the New Jersey Cancer Education and Early Detection Program administered by the Department of Health and Senior Services. Once an individual is determined eligible for this program, they continue to be eligible, without regard to changes in their financial circumstances, until they no longer require cancer treatment. As long as an individual is eligible, they are entitled to receive all Medicaid-covered services from a Medicaid-participating provider.

BURIAL ASSISTANCE PROGRAM

Federal, state, and county funding enables Board to provide burial assistance for Ocean County residents who had been recipients of Supplemental Security Income (SSI), Medicaid Only, New Jersey Care, Temporary Assistance for Needy Families (TANF), Medically Needy, General Assistance (GA), and Managed Long Term Services and Supports (MLTSS). Payment is made directly to funeral homes.

EARLY PERIODIC SCREENING, DIAGNOSIS, AND TREATMENT (EPSDT)

NJ FamilyCare and Temporary Assistance for Needy Families (TANF) recipients, whose children are under age 21, are informed of special preventive health services available through Early Periodic Screening, Diagnosis, and Treatment. Recipients participating in well-child yearly examinations are also provided with support services which assist them in locating medical providers.

FAMILY PLANNING

Professional family planning services are available to all recipients of Medicaid. Board provides information and literature on these services through the Early Periodic Screening, Diagnosis, and Treatment staff.

MANAGED LONG TERM SERVICES AND SUPPORTS (MLTSS)

MLTSS provides home care to disabled Medicaid beneficiaries meeting the income, asset, and nursing facility level of care requirements established by Medicaid, who otherwise would be unable to safely live in the community.

MLTSS is designed to expand home and community-based services and includes assistance for persons with traumatic brain injuries, AIDS, and those requiring hospice services. Case management services are provided by the Managed Care Organization. MLTSS also provides comprehensive services and supports, whether at home, in an assisted living facility, in community residential services, or in a nursing home.

MEDICAID EXTENSION

Extended Medicaid benefits are available to families who lose eligibility for Medicaid due to employment-related criteria based upon the income standards and methodologies in effect for the Aid to Families with Dependent Children Program as of July 16, 1996. Thus, extended Medicaid benefits will begin with the loss of Work First New Jersey cash assistance only when that loss is coincident with the loss of Medicaid eligibility under the July 16, 1996, Aid to Families with Dependent Children Program income standards and methodologies.

MEDICAID ONLY

Medicaid Only is available to the aged, blind, and disabled residents of Ocean County. Eligible individuals may reside in the community, an assisted living facility, a nursing home, or may be confined to a general or rehabilitation hospital. Eligibility is based on the applicant's income, as well as resource guidelines which relate to the individual's living arrangements.

MEDICAID SPECIAL

Medicaid Special is designed to provide adequate medical care for children under the age of 21. Financial eligibility is based on the income of the individual and/or his or her parents. The income of the spouse is also considered if married.

MEDICALLY NEEDY

The Medically Needy Program provides limited medical benefits to New Jersey residents who may not be able to afford health care services but have income and/or assets that are too high for them to qualify for Medicaid. Medically Needy provides assistance for persons in the community who are not otherwise Medicaid eligible. The Medically Needy Program is unique in that if the income of the household exceeds the standard, the client may spend down their income and attain eligibility if they have outstanding medical bills.

NJ FAMILYCARE

The NJ FamilyCare Program provides health insurance for families, single adults, and childless couples as well as pregnant women who are unable to afford prenatal care. Eligible women receive health care coverage during their pregnancy and for 60 days following delivery or the date on which the pregnancy ends. Health care and immunizations are also provided for eligible infants and children. Applicants must meet program income guidelines. There is no resource limit in determining financial eligibility.

NJ FAMILYCARE AGED, BLIND, DISABLED (ABD) PROGRAMS

Low-income individuals aged 65 and over or individuals who meet the Social Security Administration guidelines for disability or blindness are eligible for the ABD segment of the NJ FamilyCare Program.

NJ WORKABILITY PROGRAM

This is a state and federally funded program that provides Medicaid benefits to permanently disabled individuals between the ages of 16 and 64 who are employed either full or part-time. Financial eligibility is determined using the individual's earned income while disregarding their Social Security Disability benefits. A disability determination from either the Social Security Administration or the Disability Review Team of the New Jersey Division of Medical Assistance and Health Services is required.

VOTER REGISTRATION

The National Voter Registration Act was implemented in New Jersey. Accordingly, staff offers all applicants/clients the opportunity to register to vote at each application, address change, recertification, or redetermination interview. Completed voter registration applications are mailed to the Ocean County Board of Elections weekly.

SOCIAL AND SUPPORT PROGRAMS

ADULT PROTECTIVE SERVICES PROGRAM

This program provides services to vulnerable adults 18 years of age and older, residing in the community, who are the subject of abuse, neglect, and/or exploitation, and are unable to protect themselves. Social workers provide assessments, care plans, and work with legal interventions to protect clients.

AFTER-HOURS PROGRAM

The State of New Jersey has a homeless hotline through NJ 2-1-1. Individuals who are experiencing a housing emergency outside of our regular agency hours or on weekends and holidays should call 2-1-1 or (877) 652-1148 for assistance. Additionally, the agency contracts with NJ 2-1-1 to provide an after hours telephone answering service which notifies the agency on the next business day of callers requesting Adult Protective Services in Ocean County. The program is funded by the Ocean County Board of Social Services and the Office of Senior Services (Title III B Services to the Elderly).

ALZHEIMER'S AND RELATED DEMENTIAS SUPPORT GROUP

There are two monthly support groups for family members, friends, and professionals dealing with people with Alzheimer's disease and related dementias. The groups provide information on current research and, upon the request of participants, provides speakers to discuss various topics.

CARE MANAGEMENT/RESPIRE

This program is funded by the Office of Senior Services, Older American Act Title III E. The program provides residential maintenance and physical health services including minor home repairs and modifications, ramp installation, and Personal Emergency Response buttons to adults age 60 and over. Services are provided to eligible adults who have an unpaid caregiver and whose health and safety are threatened because they cannot perform activities of daily living and/or are at risk of institutional placement.

The In-Home Caregiver Education Program is a component of the Care Management/Respite program which provides one-on-one education to enhance caregiver ability and effectiveness. Instruction is provided in the home environment to caregivers of persons over age 60 that have a chronic disability or illness. The caregiver must be an unpaid primary caregiver who either lives with the care recipient or visits regularly to assist with managing life activities. The program may provide up to five visits by professionals, including physical therapists, occupational therapists, speech therapists, dieticians, or licensed clinical social workers for counseling. There are no income eligibility guidelines for these programs.

CASE MANAGEMENT FOR THE JERSEY ASSISTANCE FOR COMMUNITY CAREGIVING (JACC)

The purpose of the JACC Program is to allow elderly persons in need of nursing home level of care to remain in their own homes for as long as possible with supportive services provided by the program. Care managers work in collaboration with participants and their families to coordinate and implement services for eligible individuals. The JACC Program is accessed through the Ocean County Office of Senior Services.

CHILD SUPPORT AND PATERNITY – PARENT LOCATOR

This program provides services to the general public which include parent location, genetic testing to establish paternity, and modification of child support orders. In addition, the program establishes court orders for child support and medical coverage on behalf of public and non-public assistance recipients. Court orders for support and medical coverage are established through the Superior Court and are enforced by county probation departments with the assistance of the county sheriff. Children referred by the New Jersey Division of Child Protection and Permanency are also eligible for child support services.

COMPREHENSIVE CARE MANAGEMENT FOR SENIORS (CCMS)

This program provides case management services to Ocean County residents 60 years of age and older without regard to income. Case management services include identifying the needs of the individual, evaluating options and services, and assisting with implementing and coordinating those services. This is a grant program with funding from the Ocean County Office of Senior Services.

FRIENDSHIP CORNER

Located in the Northern Ocean County Resource Center in Lakewood, Friendship Corner is a drop-in center developed to meet the recreational, social, and educational needs of boarding home residents by providing therapeutic recreational programming. It is open Monday through Friday between 1:00 p.m. and 3:30 p.m. Activities include arts and crafts, games, films, exercises, guest speakers, current and cultural events, club meetings, field trips, monthly entertainment, the annual Boarding Home Festival, Holiday Party and Thanksgiving dinner.

HOLIDAY PROGRAM

Requests are received from concerned individuals, businesses, clergy, and other organizations for the names of individuals and families who would welcome a donated gift or food for their holiday meal. Clients authorize Board to give their names to donors.

HOME TENANT BASED RENTAL ASSISTANCE PROGRAM

This program assists low-income individuals, families, and the elderly who fall under HUD income guidelines and are in need of housing assistance by providing a rent subsidy for a maximum of 24 months, in addition to receiving case management by an experienced social worker.

HOMELESS/HOMELESS PREVENTION SERVICES

Board administers a number of time-limited programs to aid persons who are homeless or in danger of becoming homeless. Board may provide limited emergency temporary housing. Help may be available from the agency through a variety of grants and funding streams whether or not persons are receiving public assistance and, in some cases may provide security deposits, back rent or mortgage assistance to prevent eviction or foreclosure. A small number of rent subsidy slots may be available to certain households. Other services such as food and transportation are also provided. All cases are screened and referred to all other resources. The Homeless Hotline through NJ-211 provides assistance for emergent housing issues that arise after business hours or when the Board is closed. Funding is limited so assistance is not always available for all programs.

HOUSING OPPORTUNITIES FOR PERSONS WITH AIDS

This program assists low income individuals living with HIV/AIDS and their families who fall under HUD income guidelines and are in need of housing assistance by providing a rent subsidy, in addition to receiving case management by an experienced social worker.

OCBSS RESPONSIBILITY IN ROOMING AND BOARDING HOUSE ACT OF 1979

Board is responsible for coordinating the investigation of all complaints pertaining to rooming and boarding houses, as well as residential health care facilities throughout Ocean County. Allegations of abuse, neglect, or exploitation of residents of these facilities are investigated directly by this department. Outreach to provide information on available services is performed every six months to boarding homes and residential health care facilities and every twelve months to rooming houses as required by the Rooming and Boarding House Act of 1979.

PERSONAL ASSISTANCE SERVICES PROGRAM

This program provides attendant care services to physically disabled individuals age 18 – 70 years, have a permanent physical disability, and be capable of self-direction and supervision of an attendant. Services provided enable disabled adults to be employed, prepare for employment and volunteer, and/or live independently.

RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)

This is a national program administered by the Corporation for National and Community Service and is sponsored by the Ocean County Board of Social Services. The purpose of RSVP is to create meaningful volunteer opportunities for individuals aged 55 and over and to help meet identified service needs in the community.

SAFE HOUSING AND TRANSPORTATION PROGRAM

The purpose of this program is to provide home repairs necessary to alleviate conditions which are determined to adversely affect the health and safety of county residents age 60 and older. Recommendations on needed home repairs for eligible individuals are made once a home inspection is completed. Additionally, escorted transportation is available to eligible individuals who require safe transportation to attend to their activities of daily living.

SOCIAL SERVICES

Board provides information and referral services to county adults without regard to income. Information and referrals are directed to adults in need of protective services, transportation, home repairs, and other services. Information and referral services are also available to residents in boarding homes.

STATEWIDE RESPITE CARE PROGRAM

This program provides respite services to families experiencing fatigue and stress due to long-term caregiving of frail, elderly, and/or disabled members. Services are short-term and can be arranged on an intermittent basis or for a specific period of time. Respite care makes use of a variety of short-term services to meet the specific and limited goal of providing caregivers with temporary relief from the physical and emotional demands of caregiving. Families or individuals providing unpaid basic daily care at home to a functionally impaired adult over age 18 may be eligible for services. Priority is given to families where the impaired member is at risk of long-term institutionalization due to the inability of the caregiver to continue in that role.

SUPPORTIVE ASSISTANCE TO INDIVIDUALS AND FAMILIES (SAIF)

This program is an intensive case management program for Work First New Jersey recipients who have received more than 48 months of assistance. It also provides additional support to families and individuals who have been unable to become self-sufficient because of serious barriers.

TRANSPORTATION SERVICES

- **Emergency Assistance (EA)** – Limited transportation services are provided to eligible recipients of Emergency Assistance.
- **Fair Hearings** – Beneficiaries receive transportation to attend fair hearings concerning adverse actions to the beneficiary.
- **Friendship Corner** – Transportation for Friendship Corner clients is provided for several annual events held during the year.
- **RWB Transportation Grant** – Transportation services for grant recipients referred from the Ocean County Health Department and Jersey Shore University Hospital.
- **Safe Housing and Transportation Program** – Escorted transportation and housing rehabilitation are provided to senior citizens in Ocean County.
- **Senior Assisted Transportation Services (SATS)** - Assisted transportation services provided to Ocean County residents 60 years old and older to secure housing, benefits, and nutrition as well as access to medical care and other services related to the health and welfare of the individual who is not receiving transportation services through other programs.
- **Senior Services to the Elderly Transportation (SSE)** – Assisted transportation services provided to Ocean County residents 60 years old and older to secure emergency housing, benefits and nutrition as well as access to medical care and other services related to the health and welfare of the individual who is not receiving transportation services through other programs.
- **Transportation Assistance Program (TAP)** – Transportation services to doctor appointments, shopping, work sites, etc., are provided to elderly and/or disabled residents who are ineligible for services under other transportation programs.

WORK FIRST NEW JERSEY (WFNJ) CASE MANAGEMENT

Case management services are provided to TANF/GA/SSI recipients with serious barriers to employment and self-sufficiency. The WFNJ case management unit handles cases involving domestic violence, homelessness, drug and alcohol abuse, and mental illness.

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TELEPHONE DIRECTORY

Main Office: 732-349-1500

Northern Ocean County Resource Center (Lakewood): 732-370-8854

Southern Satellite Office (Manahawkin): 609-242-6100

Emergency After-Hours Numbers: 211 or (877) 652-1148

Telecommunications Device for the Deaf – 732-244-3812

Facsimile Machines:

Main Office: 732-244-8075

Lakewood: 732-905-9797

Manahawkin: 609-597-5739

Office Hours – Monday through Friday, 8:30 a.m. – 4:30 p.m.

Tuesday, 8:30 a.m. – 6:00 p.m.
(Toms River Office Bldg. 3 ONLY)

Correspondence to the Ocean County Board of Social Services is mailed to:

OCEAN COUNTY BOARD OF SOCIAL SERVICES
1027 HOOPER AVENUE
P. O. BOX 547
TOMS RIVER, NJ 08754-0547

Revised July 2020

Ocean County Office of Senior Services

2023 Resource Directory



1027 Hooper Avenue
Building 2, 1st Floor
P.O. Box 2191
Toms River, NJ 08754-2191

732-929-2091

1-800-668-4899

1-877-222-3737

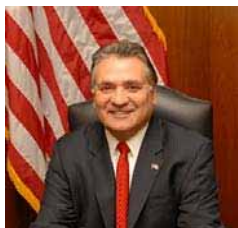
(In State Only)

www.co.ocean.nj.us/seniorservices



: [ocseniorservices](https://www.facebook.com/ocseniorservices)

A Message from Our Commissioner Director *Joseph H. Vicari*



Dear Ocean County Residents,

Ocean County continues to be one of the fastest growing counties in the state of New Jersey with a total population of nearly 650,000. It also remains a popular destination for older adults looking to enjoy an affordable and active retirement at the Jersey Shore. With over 90 age restricted communities to choose from, it is no surprise that Ocean County is home to close to 200,000 residents 60 years of age and older. With 10,000 baby boomers turning 65 each day, this number is only expected to grow as will the needs of our residents. Given the sheer numbers, it is inevitable that you or someone you love is in need of services to maintain independence and age well at home.

The Ocean County Office of Senior Services serves as the focal point for programs and services available to assist older adults and their caregivers. Our dedicated staff and aging network is here to help you navigate the system and access critical community support services designed to help you or a loved one age in place.

We are pleased to share our 2023 Resource Directory containing information on various community support services, long-term care options, caregiver resources and much more. We have also included important dates to remember for Medicare and information on critical programs such as utility assistance, PAAD, SLMB, and other NJ SAVE benefits. To make the benefits more accessible, we have included the QR codes to scan for the online application and the paper application.

We hope that you find the directory useful and recommend you check us out on Facebook. You can also scan the QR codes if you would like to schedule an event, book an appointment, or view our Caregiver Resource Packet.

A large, elegant handwritten signature in black ink that reads "Joseph H. Vicari". The signature is written in a cursive style with a prominent initial "J".

Joseph H. Vicari
Commissioner Liaison

Request a Presentation or Resource Table Event:



Schedule an Appointment:



Caregiver Resource Packet:



Need more information?

Visit our website: www.co.ocean.nj.us/seniorservices

Call us: 732-929-2091

2023 Agency Providers & Services



Berkeley Senior Outreach, 732-244-9600 627 Pinewald-Keswick Road, Bayville, NJ 08721

Information is provided for seniors and caregivers to link older adults to appropriate services and programs. Assistance is provided in filling out various forms, applications, telephone reassurance and SHIP (State Health Insurance Assistance Program) certified counselors are available to assist in review of Medicare plans that provide free, confidential unbiased information and assistance to individuals with Medicare.



Borough of Point Pleasant Senior Beehive, 732-810-5890 St. Martha's Church, 3800 Herbertsville Rd., Point Pleasant, NJ 08742

Information and assistance is provided, socialization, fitness classes, arts and crafts program, parties, and trips.



Brick Township Senior Center, 732-920-8686 373 Adamston Road, Brick, NJ 08723

Information and assistance and long-term care services are provided for seniors and caregivers, and limited transportation to medical appointments. Assistance filling out various forms and applications, and SHIP (State Health Insurance Assistance Program) certified counselors are available to assist in review of Medicare plans that provide free, confidential unbiased information and assistance to individuals with Medicare. Brick Senior Center also offers congregate meal services, social and recreational activities, physical health screenings, fitness classes, socialization, recreations, and educational presentations. The Brick Township Senior Shuttle Bus is available for Brick Residents to come to this center and for food shopping. Non- Emergency Medical Transportation is also available.



Caregiver
Volunteers
of Central
Jersey

**Caregiver Volunteers of Central Jersey,
732-505-2273**

201 Hooper Avenue, Toms River, NJ 08753

Caregiver Volunteers of Central Jersey provides supportive services to seniors, veterans, and elderly disabled, individuals living with dementia and caregivers of loved ones with chronic illnesses.

Alzheimer's Respite Care Program & Respite Care Program

The Respite Care Program will include short-term or intermittent care, provided to older adults and their caregivers in their homes because of the absence or the need for relief of those persons normally providing care.

Friendly Visiting and Telephone Reassurance Programs

Volunteers make friendly visits and reassurance calls which help to enrich our clients' lives and ease the loneliness that they may be feeling.

Grocery Shopping

Volunteers go grocery shopping for individuals 60 and older who do not drive and have mobility issues. Shopping is done every other week at a local grocery store.

Medical Transportation

Provides medical transport to those who are over 60 and no longer driving. Clients will be picked up at home and driven to their appointments.

Multicultural Senior Outreach

The goal of the Multicultural Outreach program is to enhance the visibility and accessibility of available services, programs and benefits for seniors of diverse cultures.



Community Health Law Project, 732-349-6714
250 Washington Street, Toms River, NJ 08753

No cost legal assistance to Ocean County residents, age 60 plus. Frail, vulnerable, disabled and low income populations receive priority consideration for services. Possible services include 1. Information and referral, 2. Legal counsel and advice; 3. Brief service and 4. Legal representation, depending upon facts of case and availability of staff resources. Types of matters addressed include, but are not limited to: housing issues (including landlord tenant); public entitlement issues, (including Social Security and SSI), Medicaid & Medicare and other health insurance benefit issues; wills, power of attorney and advance directives; consumer law issues.



Community Services Inc., 609-978-6868
179-A South Main St., Manahawkin, NJ 08050

Community Services, Inc. of Ocean County (Meals on Wheels) prepares and delivers hot nutritionally balanced meals to seniors 60 and older who are homebound, unable to prepare their own meals and who have no one available to assist them with meal preparation. In some instances, weekend meals are available.

Stafford Community Café, 609-978-6866

CSI prepares and serves a hot nutritionally balanced meal at lunchtime to seniors 60 and older at the Stafford Community Café. Physical activity, education, socialization and recreation services are also provided. Reservations are required.

Community Services, Inc., 848-288-9900,
105 Sunset Avenue, Toms River, NJ 08755

CSI provides information and assistance and telephone reassurance to seniors 60 and over. Also, assistance in filling out various forms and applications.

**Chronic Disease & Diabetes Self-Management Workshops,
732-860-2905**

Peer-led workshops are held for 2 1/2 hours once a week for six weeks. Workshops give adults 60 and older with chronic conditions and/or their caregivers the knowledge, skills, and confidence to take a more active role in their health care. Participants learn strategies for managing symptoms, working with health care professionals, setting weekly goals, problem-solving, relaxing, handling difficult emotions, eating well and exercising safely and easily.



**Community Medical Center,
RWJ Barnabas Health Facility
732-557-8131 9 Hospital Drive, Suite
B15, Toms River, NJ 08755**

Free caregiver counseling is offered to individuals caring for someone age 60 or older who resides in Ocean County. Sessions are confidential and are conducted by a licensed therapist in the Toms River office or by phone. Free caregiver support groups are offered on Zoom every Tuesday at 11:00 am and in person every Thursday at 12:30 pm. Attending a support group offers caregivers an opportunity to share their feelings in a safe, supportive environment where they receive encouragement and empathy from others experiencing similar challenges.



**Compass 82, Inc., 732-640-8812
1330 Rt. 70, Manchester, NJ 08759
Ocean County Senior Helpline:**

seniorhelpline@compass82.org

Compass 82 provides information and assistance to seniors 60 and over. Also, assistance in filling out various forms and applications.



Catholic Charities, Diocese of Trenton
Fix-It Program , 732-363-5322, Ext. 3234
200 Monmouth Ave., Lakewood, NJ 08701
Volunteers perform minor home repairs and chores to help elderly remain safely in their homes.

Providence House Domestic Violence Services

Hotline 24/7: 732-244-8259, Office Number: 732-350-2120

88 Schoolhouse Road, Whiting, NJ 08759

Providence House offers comprehensive services to victims of domestic violence, including a 24/7 hotline. Project Reach recognizes the unique obstacles faced by older victims of domestic violence such as long-time spousal abuse or abuse by grown children.



Inspire-NJ, 908-278-6450

1330 Rt. 70, Manchester, NJ 08759

Senior Social @ The Barn provides socialization , recreation, and congregate meal services to individuals who are 60 years of age and older and who reside in Manchester.



Interfaith Health & Support Services of

Southern Ocean County, 609-978-3839

1140 Route 72 West, Manahawkin, NJ 08050

Satellite Office, 609-879-5590

279 Mathistown Rd., Little Egg Harbor, NJ 08087

Interfaith (IHSS): a non-profit organization located in Southern Ocean County, New Jersey, providing volunteer support to seniors and their caregivers, helping them maintain their independence at home.

Friendly Visiting and Reassurance Calls

Volunteers make friendly visits and reassurance calls which help to enrich our clients' lives and ease the loneliness that they may be feeling.

Alzheimer's Respite Care Program

Trained Volunteer Caregivers provide non-medical Respite Care and support to the Caregivers and Care receivers trying to cope with Alzheimer's disease.

Medical Transportation

IHSS volunteers drive clients to routine medical appointments. Most of the time the volunteer will wait at the doctor's office while the client sees the doctor. Requires two weeks' notice when reserving rides and IHSS will provide one ride per client per week.

Shopping

Shopping volunteers are available to grocery shop for clients who have trouble going to the store and navigating the aisles. Clients are matched with a volunteer who will pick up the grocery list and shop for the client, usually twice a month. Assistance with online grocery shopping is also available!



Jackson Township Senior Center, 732-928-2313 **45 Don Connor Blvd., Jackson, NJ 08527**

Recreation is available for seniors that reside in Jackson Township. Activities include hands on programs like computers, ceramics, active fitness classes four mornings per week, card games and pool, stress management, health fairs, legal forums and special events. Transportation is available to Jackson residents to come to the center and two shopping buses are available to Jackson seniors through this office. Non-Emergency Medical Transport is also available daily.



Jewish Family & Children Services, 732-363-8010 **1235A Route 70 West, Lakewood, NJ 08701**

Provides individual and family counseling. Offers mental health services to older adults and caregivers including information and referral, counseling and support groups and virtual programs. All residents of Ocean County, regardless of age, sex, race, or religion, are eligible for service.



**Lakewood Community Services Corp., 732-901-6001,
415 Carey Street, Lakewood, NJ 08701**

Multicultural, bilingual senior groups meet weekly in various locations in Lakewood for light exercise, socialization and recreational activities.

**Lakewood Kosher Home Delivered Meals,
450 West Kennedy Blvd., 2nd Floor, Lakewood, NJ 08701**

Lakewood Community Services Corporation (LCSC) offers a Kosher Meals on Wheels program providing a daily, warm nutritious meal to eligible seniors in the Lakewood, Brick, and Toms River areas who request a kosher meal. As part of LCSC's Caregiver Support program, a monthly support group for caregivers is offered. Additionally, counseling for caregivers is provided at no cost.



**LBI Senior Center & Outreach, 609-494-8861
4700 Long Beach Blvd., Brant Beach, NJ 08008**

Provides Information and Assistance, Caregiver Information and Assistance, State Health Insurance Assistance Program (counseling and assistance with Medicare and supplemental insurance), assistance in filling out various forms and applications, socialization, and recreational activities, telephone reassurance, education and physical fitness.



**Manchester Township Senior Outreach, 732-849-8305
1 Colonial Dr., Manchester, NJ 08759**

Information and assistance is provided in person or over the phone, which will link older adults and caregivers to available services and programs. Limited medical and non-medical transportation will be provided to residents 60 years of age and older who are ambulatory/semi-ambulatory/wheelchair-bound and residing in Manchester Township. We also provide Telephone Reassurance to individuals that would like weekly phone calls to check in on them and/or have a friendly chat. Assistance is provided in filling out various forms, applications, and SHIP (State Health Insurance Assistance Program) certified counselors are available to assist in review of Medicare plans that provide free, confidential unbiased information and assistance to individuals with Medicare.



Northern Ocean
Habitat
for Humanity®

Northern Ocean Habitat for Humanity,
732-818-9500 Ext. 102

1620 Route 37 East, Toms River, NJ 08753

Aging in place is part of a national movement to enable seniors to age with dignity in a safer/healthier home. Northern Ocean Habitat brings the spirit of community into the senior's homes through volunteerism. Repairs include interior modifications such as widening doorways and/or stairways for handicap accessibility, bathroom modifications, window repairs and/or replacements, roof repairs, building handicap ramps and installing working smoke alarms and carbon monoxide detectors.

Monmouth
Medical Center

RWJ Barnabas
HEALTH

Monmouth Medical Center Southern
Campus, 732-730-9112

600 River Avenue, Lakewood, NJ 08701

Individual caregiver counseling at no charge for anyone caring for someone 60 years of age and older residing in Ocean County. Counseling will assist in dealing with the emotions engendered by caregiving. Caregiver Education and Support - Weekly group meetings for care-givers, caring for an Ocean County resident over the age of 60. The group provides education, guidance and support as well as information and referrals for those persons who are caregivers.



**Ocean County Board of Social Services,
732-349-1500**

Northern Office (Lakewood), 732-370-8854

1027 Hooper Ave., Toms River, NJ 08754

Southern Office (Manahawkin), 609-242-6100

Adult Protective Services (APS) Emergency after Hours, Call 211

This program provides services to vulnerable adults 18 years of age and older, residing in the community, who are the subject of abuse, neglect, and/or exploitation, and are unable to protect themselves. Social workers provide assessments, care plans, and work with legal interventions to protect clients.

Caregiver/Care Management/Respite

The program provides residential maintenance and physical health services including minor home repairs and modifications, ramp installation, and Personal Emergency Response buttons to adults age 60 and over. Services are provided to eligible adults who have an unpaid caregiver and whose health and safety are threatened because they cannot perform activities of daily living and/or are at risk of institutional placement. The In-Home Caregiver Education Program is a component of the Care Management/Respite program which provides one-on-one education to enhance caregiver ability and effectiveness.

Comprehensive Care Management for Seniors (CCMS)

This program provides case management services to Ocean County residents 60 years of age and older without regard to income. Case management services include identifying the needs of the individual, evaluating options and services, and assisting with implementing and coordinating those services.

Safe Housing and Transportation Program

The purpose of this program is to provide home repairs necessary to alleviate conditions which are determined to adversely affect the health and safety of county residents age 60 and older. Recommendations on needed home repairs for eligible individuals are made once a home inspection is completed. Additionally, escorted transportation is available to eligible individuals who require safe transportation to attend to their activities of daily living.

Statewide Respite Care Program

This program provides respite services to families experiencing fatigue and stress due to long-term caregiving of frail, elderly, and/or disabled members. Services are short-term and can be arranged on an intermittent basis or for a specific period of time. Respite care makes use of a variety of short-term services to meet the specific and limited goal of providing caregivers with temporary relief from the physical and emotional demands of caregiving. Priority is given to families where the impaired member is at risk of long-term institutionalization due to the inability of the caregiver to continue in that role.



Office of Senior Services, 732-929-2091
1027 Hooper Ave. Bldg.2 , Toms River, NJ 08754
County Connection at Ocean County Mall,
732-288-7777
1201 Hooper Ave, Toms River, NJ 08753

Ocean County Southern Service Center:

179 S Main St., Manahawkin, NJ 08092

Senior Services provides information and assistance regarding programs and services for older adults and their caregivers to include long term care services. Assistance in filling out various forms and applications. SHIP (State Health Insurance Assistance Program) certified counselors are also available that provide free, confidential unbiased information and assistance for individuals with Medicare.

Jersey Assistance for Community Caregiving (JACC)

Jersey Assistance for Community Caregiving is a cost sharing program that provides a broad array of in-home services and supports that enable an individual at risk of placement in a nursing facility to remain at home. Clients must meet both financial and level of care eligibility.



**Ocean Township, Engel Sprague Senior Center,
609-693-3302**

239 11th St. Barnegat, NJ 08005

Physical, socialization/ recreation, and congregate meal services are provided at the Senior Center. Education, and wellness seminars are also conducted at the Senior Center with representatives from local agencies.



Plumsted Senior Outreach Services (SOS)

**609-758-2241 121 Evergreen Road,
New Egypt, NJ 08533**

SOS is a volunteer organization. The services to be provided will link older adults to available services and benefits. Socialization opportunities are enhanced with a variety of social and recreational activities.



**Preferred Behavioral Health Group,
Senior Guidance, 732-367-4700**

PO Box 2036, Lakewood, NJ 08701

Therapeutic Counseling services for Seniors 60 and over, Information & Referral, Medication Monitoring and Psychiatric Evaluations.



**Hackensack
Meridian Health**

**Southern Ocean Medical Center, 732-616-3763
1125 Beacon Ave., Manahawkin, NJ 08050**

Caregiver education and support groups, lectures, and resources where you are able to learn tips on managing as a caregiver. Also offering Alzheimer's caregivers support group.



Stockton Center on Successful Aging (SCOSA)

609-626-5590, 712 E. Bay Ave, Manahawkin, NJ 08050

SCOSA provides research, education, and service to nurture body, mind, and spirit of South Jersey's growing older adult population. SCOSA's educational, socialization/recreational, and physical activity programs for older adults are offered online, at Stockton at Manahawkin, at the Stockton main campus in Galloway, and at other locations in Atlantic, Ocean, and Cape May counties.



**Toms River Township Senior Center, 732-341-1000
652 Garfield Avenue, Toms River, NJ 08753**

Information and assistance is provided in person or over the phone, which will link older adults and caregivers to available services and programs. The center also provides socialization and recreation activities and programs. Limited medical transportation will be provided to residents 60 years of age and older who are ambulatory/semi-ambulatory/wheelchair-bound and residing in Toms River. Assistance is provided in filling out various forms, applications, and SHIP (State Health Insurance Assistance Program) certified counselors are available to assist in review of Medicare plans that provide free, confidential unbiased information and assistance to individuals with Medicare.



**Visiting HomeCare Service of Ocean
County, 732-244-5565
105 Sunset Ave. Toms River, NJ 08754**

The agency's mission is to help the elderly, ill and disabled residents of Ocean County to remain safely and comfortably in their own homes, keeping their families together and avoiding institutionalization whenever possible. This help is given in the form of in-home and adult day care services (on-site at two locations - Toms River and Manahawkin) provided by certified Home Health Aides professionally supervised by Registered Nurses and Social Workers. Transportation to Adult Day Care Centers/A Friend's House is offered, if needed, pending availability.

***The following resources are not funded by the
Ocean County Office of Senior Services**

Important Numbers:

Bright Harbor Healthcare	732-349-5550
Care2Caregivers Helpline	800-424-2494
Contact of Ocean & Monmouth	732-240-6104
Fulfill	732-731-1400
Medicare Fraud and Abuse	800-447-8477
Medicare Patients' Rights	866-815-5440
Medicare (1-800-633-2273)	800-Medicare
Ocean County Clerk's Office	732-929-2018
Cultural and Heritage Commission	732-929-4779
Department of Human Services	732-506-5374
Department of Consumer Affairs	732-929-2105
Ocean County Health Department	732-341-9700
Ocean County Library—TR Branch	732-349-6200
Ocean County Office of the Surrogate	732-929-2011
Ocean County One-Stop Career Center	732-286-5616
Ocean County Parks and Recreation	732-505-9090
Ocean County PIC, Inc.	732-240-5995
Ocean County Prosecutor's Office	732-929-2027
Ocean County Tourism	732-929-2000
Ocean County Veterans Service Bureau	732-929-2096
Ocean County Y.M.C.A	732-341-9622
Office of the State Long-Term Care Ombudsman	609-826-5090
PathStone Corporation	732-849-3705
Psychiatric Emergency Screening Services	732-886-4474
Retired Volunteer Program Services (RSVP)	732-286-5999
Social Security Administration	800-772-1213
South Jersey Legal Services	732-608-7794
STEPS	732-367-1640
The Salvation Army	732-270-8393



Ocean Ride Transportation Services, 732-736-8989

2820 Ridgeway Blvd., Manchester, NJ 08759.

Call 711 for NJ Relay System

The Department of Transportation Services is the Ocean County operated transit system – Ocean Ride, which includes two major services: the “Reserve-A-Ride” Program and local modified fixed “Bus Routes”. “Reserve-A-Ride” provides door-to-door, non-emergency medical transportation service to seniors (age 60 and over) and persons with disabilities (age 18 and over). This service is offered by advanced registration basis primarily to destinations within Ocean County.

Pre-registration is NOT required. Clients are registered over the telephone, when you first book your appointment/reservation.

The Ocean Ride transportation system currently includes 11 bus routes which operate throughout Ocean County. The routes are designed to connect key residential areas with popular destinations such as local governmental facilities, healthcare, shopping, employment, social services and other transit connections. The bus routes operate on a fixed schedule, making it easy for you to plan your trip!

Reserve-A-Ride Trips:

\$6.00 (Riders with Attendants each pay \$6.00 per person round trip)

Discount Fare:

\$3.00 with valid PAAD* ID card. Call our Reservationists for more information (Riders with Attendants each pay \$3.00 per person round trip)

Standing Order Trips:

\$6.00 Three or more trips per week for an extended period. (chemo, radiation, & physical therapy. Attendants \$6.00)

Discount Fare:

\$3.00 with valid PAAD* ID card. Call our Reservationists for more information. Riders with Attendants each pay \$3.00)



O.C.E.A.N., Inc.
40 Washington St, PO Box 1029,
Toms River, NJ 08753, 732-244-5333

Indian Head Plaza: 732-244-9041

Lakewood Office: 848-290-1580

Barneget Outreach: 609-549-5822 (By Appointment Only)

Agency programs include Head Start, Weatherization, Home Energy Assistance, Housing Programs, and intensive case management. All programs are based on available funding.

Ocean, Inc. Seniors Isolation Prevention Program

Mission: Partnership with Caregiver Volunteer of Central Jersey and EZ Ride to offer the Ryde4life programs which provides free rides for seniors and help them to become more active. It allows free transportation to seniors to enable them to get to their doctors appointments or just attend social activities.



Visiting Physician Services

Parker Advanced Care Institute at VNA Health Group

23 Main Street, Suite D1, Holmdel, NJ 07733

Phone: (732-571-1000)

Email: info@visiting-physician.com - www.vnahg.org/vps

Visiting Physician Services is the largest geriatric house call practice in New Jersey with clinical staff to 8 physicians and 29 nurse practitioners and physician assistants, who serve patients throughout Ocean, Monmouth, Middlesex, Essex, Passaic, Somerset, Union and Bergen Counties. Our mission is to enable patients to stay at home as they age and improve their quality of life by providing safe and convenient in-home primary medical care. Comprehensive care includes: management of chronic conditions, in-home diagnostic testing, wound care, telehealth and much more. Visiting Physicians accepts traditional Medicare and most Supplemental Plans, and Managed Medicare Plans through Horizon, Braven, Aetna, Amerigroup and WellCare.



Division of Taxation, Property Tax Relief Programs

Anchor Program

This program provides property tax relief to New Jersey residents who owned or rented their principal residence (main home) on October 1, 2019, and met the income limits.

Senior Freeze (Property Tax Reimbursement)

The Senior Freeze Program reimburses eligible senior citizens and disabled persons for property tax or mobile home park site fee increases on their principal residence (main home). To qualify, you must meet all the eligibility requirements for each year from the base year through the application year.

Homestead Benefit Program

The filing deadline for the 2018 Homestead Benefit was November 30, 2021.

The Affordable New Jersey Communities for Homeowners and Renters (ANCHOR) program replaces the Homestead Benefit for the 2019 tax year.

Deductions, Exemptions, and Abatements

New Jersey offers several property tax deductions, exemptions and abatements. These programs are managed by your local municipality.

Tax deductions, exemption, and deferment programs include:

\$250 Property Tax Deduction for Senior Citizens & Disabled Persons;

\$250 Veteran Property Tax Deduction;

100% Disabled Veteran Property Tax Exemption; and

Active Military Service Property Tax Deferment.



Scan to learn more about property tax relief programs.



Hotline: 1-800-792-9745

The Division of Aging Services uses NJSave, which is one application seniors and individuals with disabilities can use to get help paying Medicare premiums, prescription costs, and other living expenses. People can apply online or via a paper application. Both are available in English and Spanish.

Pharmaceutical Assistance to the Aged and Disabled (PAAD)

PAAD program is a state-funded program that helps eligible seniors and individuals with disabilities save money on their prescription drug costs.

Senior Gold Prescription Discount Program

Senior Gold is a state-funded prescription program with a different co-payment structure and income eligibility guidelines than those of PAAD.

Lifeline Utility Assistance

Lifeline is a utility assistance program that offers a \$225 annual benefit to persons who meet the PAAD eligibility requirements or who receive Supplemental Security Income (SSI). This includes utility customers as well as tenants whose utility bills are included in their rent.

Medicare Savings Programs (QMB, SLMB, QI)

Programs help pay for Part A premiums, Part B premiums, and deductibles, coinsurance, and copayments for services and items Medicare covers depending on income or asset eligibility limits.

Medicare Part D's Low Income Subsidy(LIS, "Extra Help")

Medicare beneficiaries can qualify for Extra Help paying for their monthly premiums, annual deductibles, and co-payments related to Medicare prescription drug coverage.

Hearing Aid Assistance to the Aged and Disabled (HAAAD)

HAAAD provides a \$500 reimbursement to offset the purchase of a hearing aid, or \$1,000 for two hearing aids; Beneficiaries must be currently enrolled in the Pharmaceutical Assistance to the Aged and Disabled (PAAD) program or Lifeline Utility Assistance (Lifeline) program, or; Meet the PAAD and Lifeline eligibility criteria.

The application is also used to screen individuals for numerous savings and assistance programs. If it looks like they may qualify, their data is forwarded on for enrollment. These programs include:

- [Universal Service Fund \(USF\)](#)
- [Low-Income Heating and Energy Assistance Program \(LIHEAP\)](#)
- [Supplemental Nutrition Assistance Program \(SNAP\)](#)

Finally, individuals who qualify for PAAD and Lifeline Utility Assistance through NJSave may also be eligible for:

- [Property Tax Freeze](#)
- [Reduced Motor Vehicle Fees](#)
- [Low-Cost Spaying/Neutering](#)



**Scan for
Online Application**



**Scan for
Paper Application**

Medicare Tips

- ◆ **TIP:** Always double-check your Part D plan to ensure your medications are covered.
- ◆ **TIP:** SHIP counselors can offer personalized assistance with your Medicare coverage.
- ◆ **TIP:** You can also sign up for a Medicare Advantage Plan or drug plan during your Initial Enrollment Period.
- ◆ **TIP:** Applying for a Medigap beyond your open enrollment period might require a medical underwriting process, during which the insurance company decides whether to accept your application based on your health and medical history.
- ◆ **TIP:** If you miss your 7-month Initial Enrollment Period, you may have to wait to sign up and pay a monthly late enrollment penalty for as long as you have Part B coverage. The penalty goes up the longer you wait.
- ◆ **TIP:** You can sign up for Medicare Part A by contacting Social Security.
- ◆ **TIP:** Create your secure Medicare account online at [Medicare.gov](https://www.Medicare.gov) to access your information anytime.

Did you know?

Starting January 1, 2023, plans can't charge you more than \$35 for a one-month supply of each Medicare Part D-covered insulin you take, and can't charge you a deductible for insulin.



Important Dates to Remember:

- ◆ You might pay a monthly late enrollment penalty, if you don't qualify for a Special Enrollment Period.

Period	When Is It?	What You Can Do
Initial Enrollment Period. (IEP)	3 months before you turn 65, the month of, and the 3 months after.	Enroll in Parts A and B for the first time.
General Enrollment Period	January 1 to March 31 every year; coverage starts the month after you sign up.	Enroll in Part A and / or Part B if you missed you IEP and don't qualify for a SEP.
Open Enrollment Period	October 15 to December 7 every year.	Enroll in, change, or drop a Part D or Medicare Advantage Plan.
Medicare Advantage Open Enrollment	January 1 to March 31	Switch to another Medicare Advantage plan or enroll in Original Medicare with a Part D plan.
Special Enrollment Period (SEP)	Anytime you have a qualifying event (i.e. delaying Medicare past 65)	Apply for Parts A and B. There are also SEPs for Part C and Part D plans. You have 2 months to enroll in either.
Medigap Open Enrollment Period	6 Month Period; Starts the first month you have Part B.	Purchase any Medigap plan without answering health questions.



The Ocean County Office of Senior Services
Resource Directory

Ocean County Board of Commissioners

Director Joseph H. Vicari
Barbara Jo Crea
Virginia E. Haines
John P. Kelly
Gary Quinn

Department of Senior Services

Joseph H. Vicari, Commissioner Liaison
Maria LaFace, Director
1027 Hooper Avenue, Building 2
Toms River, NJ 08754

Additional Locations:

Ocean County Southern Service Center
County Connection at Ocean County Mall

